
Breaking Down the Barriers

With God and Others

Welcome!

We are glad you have chosen to participate in this seminar—*Breaking Down the Barriers*. We pray you will be blessed.

Each of the six sessions in the seminar has handouts that go along with it. We would encourage you to take the time to fill in the worksheets and spend time in heart-searching and prayer before God. Go to others and clear up any issues you may have as well—asking forgiveness and giving forgiveness. Then God can pour out His Spirit in your life.

The seminar sessions are as follows:

1. I Have Barriers?
2. Cure or Just Relief ?
3. The Greatest Barrier!
4. The Most Painful Barrier!
5. Barrier-Breaking Tools
6. Keeping the Barriers Down

We would appreciate hearing from you about how this seminar has impacted your relationship with God and with others. Also, we would encourage you to purchase some of the suggested resources to learn more about how to break down barriers and keep them down by God's grace.

God bless,

Daniel & Lorna Dreher
351 Lost Creek Lane
Priest River, ID 83856
208-265-2712
healthstart@verizon.net
www.breakingdownthebarriers.org

“He is our peace, making us one, breaking down the barriers between us.”

Ephesians 2:14

About the Breaking Down the Barriers Seminar

In the Breaking Down the Barriers Seminar Daniel and Lorna share how the Bible has a cure and not just relief for our sins and troubles—how to get from just “head” knowledge to real heart experience. In six sessions they will share what the barriers are that keep us from a real experience with God, why we don’t deal with them, and how to break them down and keep them down—all by God’s incredible grace. Then God’s love can flow into us and through us to others.

This seminar includes presentations, and practical application using handouts, prayer and the Bible to break down spiritual and relational barriers.

The Presenters

Daniel and Lorna Dreher, who have been married since 1981, have been sharing this seminar since 2004. In their presentations, Daniel and Lorna share the joy and relief of discovering, after years of painful struggle, how to break down the barriers in their relationship with God and with each other.

Daniel, a naturopathic health consultant, and his wife, Lorna, are members of the Athol Seventh-day Adventist Church in Idaho where the two of them are Family Life directors and Daniel is a church elder.

Some of the topics covered in the seminar:

- Learning to trust God
- How to stop controlling others
- Obtaining freedom from anger and bitterness
- Connecting in your relationships
- Keeping the past from controlling you
- Dealing with your wrong thinking
- How to stop being out-of-control
- Facing your fears
- Letting God’s love control you

Testimonials

“Thank you so much for a very spiritual and “daily living” weekend. The transparency you display as you weave your story into what you’ve learned and what you’d like to teach, touched me deeply. It was a weekend well spent for me. My husband made a similar comment. Thank you.”—RS

“This seminar has opened our eyes to changes we needed to make in our personal lives and in our marriage. We believe everyone can benefit from this seminar.”—Pastor and Mrs. Edward Dunn, Vice President, Alaska SDA Conference

“I put into practice what you shared about forgiveness. My husband said something unkind which really hurt me, but this time I forgave him from my heart, instead of just words. The next morning, I was able to prepare his favorite breakfast freely with no lingering feelings of resentment or the thought that he didn’t deserve my kindness.”—VM

“I had been struggling with a number of fears in my life for quite awhile. The seminar gave me the tools to face them by God’s grace. I took some time to take my fears to God and now I have peace.”—SM

“Last night, after your seminar, I went off by myself and fully forgave my ex-wife for leaving me and for all the pain she caused me. A great burden lifted from my heart. Thank you for helping me see how I could forgive.”—PE

Breaking Down the Barriers

Suggested Resources

Description of Books and DVD series	Where to Purchase
Breaking Down the Barriers Seminar DVD series (6 sessions plus handout CD)	www.breakingdownthebarriers.org 208-265-2712 or 800-316-1552 (05)
Angry Men and the Women Who Love Them Why women stay in abusive situations and what to do	www.amazon.com
Discovering the Mind of a Woman How a husband can love his wife as Christ loved the church	www.amazon.com
Bible Promise Book Bible Promises for many problems in life	www.amazon.com
Christ's Object Lessons Christ's parables and applications to change the life	www.adventistbookcenter.com
Desire of Ages Touching in-depth look at the life of Christ	www.adventistbookcenter.com
Heart of the Problem Workbook (includes book) There is no human remedy for sin—the cure is Jesus!	www.amazon.com
How to Be a Victorious Christian Practical ways to be victorious in Christ Jesus	www.orion-publishing.org 800-471-4284
How to Die Right and Live to Tell About it DVD series and book (8 half-hour sessions) How to die to self and live in Christ Jesus—very practical!	www.alifetodiefor.com
I Forgive You, But... Practical ways to on how to forgive yourself, others and God	www.adventistbookcenter.com
Learning to Tell Myself the Truth Facing the lies we've believed in life and bringing the truth of God's Word in their place.	www.amazon.com
Of Course You Can Walk on Water What faith is about and how to grow your faith	www.orion-publishing.org 800-471-4284
Steps to Christ Practical steps to coming to Christ and walking with Him	www.adventistbookcenter.com
Telling Each Other the Truth How to tell anyone the truth and keep open in relationships	www.amazon.com
What Shall I Do to Inherit Eternal Life? DVD series and book (3 two-hour sessions) God's part and My part in surrender and walking with God	www.orion-publishing.org 800-471-4284
Why Should I Be the First to Change One woman's story of how she let God change her and how it changed her husband too.	www.amazon.com